

# CHINAR's DALEEL

MONTHLY NEWSLETTER

# چنار نامہ

Quarterly Bulletin: July-Sept



# CHINAR

International

Investing in Children, Youth &amp; Communities

We are excited to launch **CHINAR NAMA**, our quarterly news bulletin designed to highlight key activities and milestones achieved across our programs. Narrated in Kashmiri, the bulletin draws from community experiences to present stories in a relatable and authentic manner.

## CHINAR NAMA: Our Journey, In Our Own Voice

### Human Rights Outreach Program

To commemorate World Human Rights Day, an awareness program was organized at Government Boys High School, Arampora, Baramulla, bringing together 160 residents from Arampora and Bonichakul. The event was held in collaboration with the Human Welfare Voluntary Organization, One Stop Centre, Sankalp Hub for Empowerment of Women, Kashmir Helpline and Sky Trust. Eight resource persons led sessions on diverse themes, including mental health awareness and stigma, women's health, the role of men, digital violence, responsible smartphone use, positive parenting, and information on relevant government schemes.



### Empowering families Through Livelihoods

CHINAR continues to promote sustainable livelihoods, supporting families to achieve financial stability and self-reliance. In Handwara (Kupwara), two families—Abdul Rasheed Khatana and Abdul Majeed Mir—received a cow and calf each, generating daily income through milk sales. In Wader Payeen, Ghulam Mohammad Mir, who struggled to support his family of five through daily wage labor, received support for sheep rearing.

In Budgam, Shabir Ahmed Chopan's family, previously struggling with irregular income and debt, received support for sheep rearing, helping them rebuild their livelihood and secure a stable future alongside ongoing Child Development Program support to his daughter.



### New SDCs Boost Skills Across J&K



CHINAR continued to expand its skill development initiatives by launching multiple Skill Development Centres across different districts, creating new livelihood opportunities for youth and women.

Under the Community transformation Program, a Development Learning Centre (DLC) was launched in Shalboni, Baramulla, enrolling 19 trainees. Another DLC was initiated under the SIDBI project for Persons with Disabilities (PWDs) in Budgam, with 22 trainees joining the course.

In Kupwara, two Sozni Arts Skill Development Centres were launched in Zachaldar and Chalpora, enrolling a total of 31 trainees. An additional SDC for Crewel Arts was launched in Badelkhal, benefiting 20 trainees.

Further, an SDC for Basic Electrical Work was started in Keller, Shopian, enrolling 15 trainees, while an SDC for Mehndi Arts was launched in Shangus, Anantnag, with 19 trainees enrolled.

### Supporting Small Businesses

Two Small Business Support units were launched to promote inclusive economic opportunities. A dairy farm with two cows was set up for Shabir Hussain, a visually impaired beneficiary from Baramulla, to support sustainable income.



Nawaz Majeed, a 10th-pass tailor from Chaeir Pora, Anantnag, expanded his tailoring work into a full-fledged boutique offering ready-to-wear clothing and accessories.



*Firdous Ahmad, a beneficiary of CHINAR's Higher Education Sponsorship Program, is now a college lecturer in Punjab and has published a research article in an international journal. His work highlights the culture, food, and tourism of his native Warwan, Kishtwar, reflecting both his academic dedication and the impact of the HESP initiative.*

### OUR MISSION

EMPOWERMENT OF VULNERABLE CHILDREN, MARGINALIZED YOUTH AND DISTRESSED COMMUNITIES  
THROUGH QUALITY EDUCATION AND SOCIO-ECONOMIC PROGRAMS USING SCIENTIFIC APPROACH



## Learning Through Play



The Quality Education team has introduced innovative Teaching Learning Materials (TLMs) across 94 Community Learning Centers to make classroom learning more engaging and meaningful. Hands-on tools such as Fraction Kits, Tic Tac Toe, and the “10 Banao” maths game have enabled students to actively explore numbers and operations, developing stronger conceptual understanding, problem-solving skills, and number sense. TLMs have also been used to strengthen foundational literacy, with flashcards making learning sight words enjoyable and effective.

## Sedow Cricket Finals

The cricket tournament in Sedow, Shopian, concluded with great enthusiasm, bringing together local youth and residents. Eight teams competed in seven 10-over matches at the community ground. Sedow Fearless Warriors won the final against Sedow Sunrisers XI by seven wickets, chasing a target of 59 runs in eight overs.

Trophies were awarded to the winners and runners-up, while certificates were given to all participants. Owais Bashir was named Man of the Match, and Musaib Ayoub received the Man of the Tournament award. The event promoted community unity, youth engagement, teamwork, and sportsmanship.



## Empowering Women Together

A Women's Awareness Session was held in Mundyari, Baramulla with the participation of 45 local women. The session was led by CHINAR Board Member Dr. Zahida Shah and her team. Key topics covered included women's health issues, hygiene, nutrition, and moral education. Participants were also informed about skill development opportunities, as well as various government schemes for their children.



## Community Dialogue in Action



A series of Community Stakeholder Meetings were held across Shopian, Kulgam, Anantnag, and Srinagar. In Shopian, meetings in Heerpura, Gatipora, and Sedow drew 42 participants, who hailed CHINAR initiatives such as the red potato revival and a recent cricket tournament. In Srinagar, 90 participants from Palpora and Rakhi Arath discussed challenges and the importance of community unity. Meetings in Kulgam engaged 87 participants from Manzgam, Waltangoo Nard, and Gundipora, focusing on a shift from traditional horticulture to innovative farming practices. A meeting in Sheikhpura, Anantnag emphasized promoting self-reliance.

## Learning Circle Meet for HESP

Our Youth Development team hosted a Learning Circle Meet for students from our Higher Education Sponsorship Program. Nearly 60 students participated in the day-long meet and opened up about their day-to-day fears and pressures during ice breaker and stress management sessions. They also explored 21st century competencies and how a fast-changing world is reshaping opportunities. Students performed a skit on stress, pain, friendship and counselling that shed light on the silent epidemic of substance abuse. The participants hailed CHINAR for addressing their mental well-being in addition to their educational needs.



## Dignity Restored Through Care

Bashir Ahmad from Zoogu, Budgam - a daily wager and the sole caregiver to his young son, faced immense hardship after his wife returned to her native place. Despite long working hours, he continued to cook, care, and ensure his son's education against all odds. The family lived in two unsafe, partially built rooms on the forest side of the village, exposed to rain, cold, and the danger of wild animals. Enrolled under the Child Development Program in 2025, the family received comprehensive support to rebuild their house into a safe and dignified home. This transformation has not only provided security but also a stable environment for the child to study and grow.



## Healthcare for Elderly

CHINAR International, in collaboration with Moul Mouj Foundation and GK Labs, organized a free medical camp at Sheikhpura, Shangus, Anantnag. The camp benefited 162 senior citizens, providing medical consultations and health screenings. Cases of hypertension, sleep issues, and new diabetes diagnoses were identified, enabling timely care. Five participants were also enrolled under MMF's Lifetime Privilege Card for lifelong free medications.



## Reproductive Wellness Drive

An awareness session on reproductive health and hygiene was conducted in Zoogu, Budgam, bringing together more than 52 adolescents and mothers. Ms. Sania, an STI (Sexually Transmitted Infections) counsellor explained reproductive health, physical changes during adolescence and the importance of hygiene. Mothers were guided on how to support their daughters with healthy habits and proper diet.



## Livestock Awareness Program

CHINAR International, in collaboration with the District Animal Husbandry Department, Kulgam, organized a Livestock Management Awareness-cum-Training Program at Manzgam, Kulgam. The session covered scientific livestock management, disease prevention, essential precautions, and government schemes, with special focus on the Integrated Dairy Development Scheme (IDDS).

Around 60 community members, including CHINAR's livelihood beneficiaries and SBS unit holders, participated in the program, contributing to strengthened awareness and promotion of sustainable livestock-based livelihoods.

