



**HAPPY NEW YEAR**  
 Wishing you joy, health, and success  
 in 2026! Thank you for being part of  
 our journey.

**CHINAR International: Empowering communities through compassionate healthcare**

**Learning Circle Meeting Boosts Classroom Impact**

CHINAR's Quality Education team organized a Learning Circle Meeting at its Base Office in Zampathri, Keller, bringing together 20 facilitators from Shopian, Pulwama, and Srinagar. The quarterly meeting focused on documentation review, program updates, and improving classroom practices across Community Learning Centres. The Facilitators received hands-on orientation on Samaitshala and Avishkaar Teaching-Learning Materials to promote structured, child-friendly learning. A key session highlighted strategies to strengthen Reading Corners using storybooks and comic strips to improve reading habits and comprehension at the foundational level.



**Skill Development for Persons with Disabilities**

CHINAR International, in collaboration with SIDBI, launched a Skill Development Centre (SDC) for Persons with Disabilities (PwDs) in cutting and tailoring at Drabgam, Pulwama. The center has enrolled 18 motivated trainees, who will gain hands-on tailoring skills to pursue self-employment and income-generating activities. In addition, it will help PwDs gain confidence and reduce dependence on others, promoting their inclusion and self-reliance in society. Meanwhile, another SDC in cutting and tailoring at Mattipora, Baramulla, carried out in collaboration with Ehsaas International, was successfully concluded. Thirteen trainees completed the course and were awarded certificates.



**Empowering Field Staff For Child Protection**



CHINAR International, in collaboration with SAWAB – Brain and Behavioral Science Academy, conducted a two-day training on Child Psychology for field staff under the Child Development Program, aimed at strengthening their response to mental health and child protection concerns. SAWAB, founded by renowned psychiatrist and CHINAR board member Dr. Mushtaq Margoob, supported the program to help staff identify psychological challenges and cases of child abuse during fieldwork. The training focused on understanding child psychology, recognizing early warning signs, and providing basic psychological support. The sessions were facilitated by SAWAB resource person, Dr. Aimen, who combined theory with practical field insights, making the training highly engaging and relevant for participants. The initiative reinforces CHINAR's commitment to child protection and community mental well-being.

**Mental Health Awareness for Adolescents**

CHINAR International, in collaboration with Kashmir Lifeline, organized a mental health awareness session in Mundyari, Baramulla, attended by 28 participants, including Community Support Centre (CSC) students and members of Poshwaer, a local adolescent advocacy group. The interactive session focused on mental well-being and early identification of mental health concerns.



A new SBS unit was launched for Ms. Shahzada Bano of Najan village in Baramulla. A beneficiary of Cohort-VI, Shahzada received a dairy farm unit comprising two cows and a calf. The initiative will enable her to generate steady income through dairy production, support her family financially and improve her household living conditions.

**OUR MISSION**

EMPOWERMENT OF VULNERABLE CHILDREN, MARGINALIZED YOUTH AND DISTRESSED COMMUNITIES THROUGH QUALITY EDUCATION AND SOCIO-ECONOMIC PROGRAMS USING SCIENTIFIC APPROACH



### Caring For Srinagar Children



A medical camp was successfully organized for enrolled children of Srinagar district. Benefiting a total of 294 participants, the camp aimed to provide quality medical check-ups and essential healthcare services to children and their families. A team of qualified doctors, including a General Physician, Gynecologist, Dermatologist, and Dentist, conducted comprehensive health examinations. The doctors offered professional consultations, identified health issues at an early stage, and provided guidance and medical advice to the beneficiaries.

### Supporting Women Rights

An awareness session for women was organized at Rakhi Arath, Srinagar, in collaboration with the Human Welfare Voluntary Organization (HWVO). The program was attended by over 40 local women. The resource person from HWVO spoke on important issues such as gender based violence, domestic violence and shared real life examples to help participants understand their rights and available protections. Information was also provided about the One Stop Centre, shelter services for divorced women, key helpline numbers including the Women's Helpline 181 and relevant government schemes.



### Warmth For Children

A winter kit distribution drive was successfully conducted at Chalyan, Budgam, benefiting 97 enrolled children under the Child Development program. The winter kits included tracksuits, thermals, socks, and co-ord sets, aimed at protecting children from the harsh winter conditions. The initiative seeks to ensure that children can continue attending tuition centres regularly despite the cold weather.



### Livestock Management Awareness



An awareness session on livestock management and government support schemes was organized in Gatipora, Shopian, in collaboration with the Animal Husbandry Department, Shopian. The session was attended by 63 participants, including beneficiaries who had received cow or sheep units as livelihood support. Resource persons shared practical guidance on the proper management of dairy animals, vaccination and deworming schedules along with key government schemes. The session proved to be highly productive, equipping participants with essential knowledge to strengthen their livestock based livelihoods and access various government benefits.

### Senior Citizens Wellness Camp

CHINAR International, in collaboration with Mouj Mouj Foundation (MMF) and GK Labs, organized free medical screening and awareness camps at Palpora and Rakhi Arath, Srinagar. Around 387 participants, including senior citizens and adults, received health checkups, consultations, screenings, counselling, awareness sessions, and medicines based on their needs.

Key findings included elevated blood sugar, high blood pressure, and early-stage heart issues, with participants advised to follow prescribed medication.

**Notably, 15 senior citizens were enrolled in MMF's Lifetime Privilege Card, giving them lifelong access to free medications.**



### Helping a Family Rebuild in Baramulla

*A new livelihood unit was successfully launched for Sayeed Showket Shah in Harinara, Baramulla, providing crucial economic support to a family facing prolonged hardship. With his two children already enrolled since September 2025, the head of the family had been bedridden for the past two years due to serious health issues, leading to severe financial distress. To help restore the family's income, essential kiriyana (grocery) items were provided to strengthen and expand their shop. The initiative aims to help the family regain financial stability and improve their overall living conditions through sustainable livelihood support.*



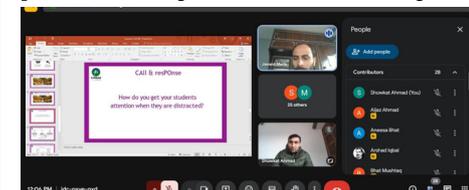
### Career Awareness Session

An Information, Education and Counselling (IEC) session was organized at Bonhama, Beerwah in Budgam district to create awareness among students about career and employment opportunities. The session was attended by 53 students from 10+2, undergraduate and graduate-level courses. Participants were provided with basic information on job-oriented courses, government schemes, scholarships and employment-linked initiatives.



### 100 School Fellowship

CHINAR International, with the Department of School Education, is implementing the 100 School Fellowship Program to enhance teaching and school leadership. Supporting 100 teachers and 100 school heads through virtual training modules, the program focuses on classroom management, lesson planning, and effective assessment. By January 2026, eight modules with 90% participation, providing educators with practical strategies to enhance learning.



### Farmers Training Conducted

In collaboration with Sher-i- Kashmir University of Agricultural Sciences and Technology and Krishi Vigyan Kendra Shopian, an awareness cum training session was organized for farmers in Sedow, Shopian. Two resource persons addressed over 70 participants on post-harvest technology and Agri entrepreneurship. Farmers were sensitized on post-harvest management of horticulture crops, nursery raising and propagation, crop diversification and vermicomposting. Information was also provided on poultry development, self-sufficiency in mutton production, dairy development and new sheep breeds.

